

Today's Theme

“Mastering The M.E. In Me”

January 22, 2023

The first step to *mastering* the *M.E.* in me is *Self-Denial*.

1) Following Jesus means to surrender *all* to him. Matt.16.24 Then Jesus told his disciples, “If anyone would come after me, let him deny himself and take up his cross and follow me.

2) Holding on is *losing* and letting go is *winning*. Matt 25 For whoever would save his life will lose it, but whoever loses his life for my sake will find it.

3) Having it all isn't *worth* it if I don't have *Jesus*. Matt 26 For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul?

The second step to mastering the *M.E.* in me is *Discipleship*.

I need *Jesus*, and I need *truth*.

John 8:31-32 So Jesus said to the Jews who had believed him, “If you abide in my word, you are truly my disciples, and you will know the truth, and the truth will set you free.”

The third step to mastering the *M.E.* in me is *Honesty*

Matthew 7:12 “So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets.

The fourth step to mastering the *M.E.* in me is to *encourage* myself in the Lord.

Matthew 6:34 “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

The fifth step to *mastering* the *M.E.* in me is to *Discipline* myself.

1 Corinthians 9:27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.